

## LUNCH BOX CHECKLIST

### Pick One: Main Dish

sandwich salad cheese+crackers waffles  
rice+beans pasta salad oatmeal wrap  
quesadilla soup hard boiled eggs

### Pick Two: Fruits and Veggies

apples oranges carrots celery cucumbers  
watermelon strawberries grapes peppers cherry  
tomatoes blueberries broccoli kiwis pears peaches

### Pick One: Side

crackers pretzels mini muffins Goldfish crackers  
rice pasta granola bar pita+hummus dry cereal  
popcorn tortilla chips graham crackers

### Pick One: Drink

milk water juice

[www.cafeteria.com](http://www.cafeteria.com)

Make sure your child has a healthy snack and lunch, with plenty of water. Please try to limit the amount of sugar in your child's lunch bag.

The cafeteria is available for students from Grade 3 to Grade 12. It has a selection of hot and cold items.

**AGS is a nut-free school.** Please do not send any food to school that contains nuts, including nutella.

# SCHOOL UNIFORM

Students are expected to have the following, with the AGS logo:

- ~ polo t-shirt
- ~ round neck t-shirt (sports)
- ~ black shorts (sports)
- ~ red jacket

Please note, students are responsible to buy their own pants for school. Pants must be **loose fitting**, regular, plain black pants/trousers. Leggings and denim 'jeans' are **not** allowed at school. AGS logo is not required on the pants.

Students are required to wear **black shoes everyday** - the shoes should have **no other colour**. Students must also have PE shoes; if they are coloured, **they may only be worn during PE class**.

UNIFORM SUPPLIER:  
**FIRST DAY TEXTILES**

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Behind Omeir Bin Yousuf  
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## ABU DHABI GRAMMAR SCHOOL (CANADA)



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## FIRST DAY OF SCHOOL

The first day of school for students will be **Sunday 10 September**.

On **10 September only**, school times will be the following:

- **7:55am ~ KG to Grades 6**
- **1100am ~ Grades 7 to 9**
- **1:00pm ~ Grades 10 to 12**

The school will be open for staff on September 3, 2017.

## REGULAR SCHOOL HOURS

### ARRIVAL

- **7:55AM** ~ The school day begins.

Please **do not** drop students off **before 7:30AM**. There is **no supervision** before this time.

### DISMISSAL

- **2:00pm ~ KG to 2 Dismissal**
- **3:00pm ~ Gr. 3 to 12 Dismissal** Please be on time to pick up your child as there is **no supervision after school**.

## COMMUNICATION

There are many ways to keep in contact with the school and your child's teacher.

Every teacher has a school email and website, which they will provide you at the beginning of the school year. Every month, a school newsletter is made available; students in KG to Grade 6 will bring a copy in their bag, and the newsletter can also be found online.

If you would like to make an appointment with a teacher, you can either call the school or email the teacher.

Remember, teachers are very busy during the day. Please make an appointment to meet your child's teacher. The teachers main focus during the day is on their students so they will be unable to meet with you without an appointment.

## SCHOOL BUS

Buses will be available next school year. You can arrange to have your child brought one-way or two-ways by the bus. If you require bussing, please see accounting office.

Please note, our boundary is Muroor Area. We don't have routes beyond that neighbourhood.

## STAY INVOLVED!

In September, you will receive the **School Calendar**. It has major dates and events marked; such as, Curriculum Night, Cultural Night, and Parent Teacher Interviews.

You are encouraged to come to all of these events and see what our students are doing at school. Parent involvement helps students stay interested and motivated to learn, and also fosters cooperation and teamwork with teachers.

If you plan on visiting the school during school hours, please make sure you get a visitor pass from security.